



Niramayam Heritage Ayurveda

Panchakarma – 7N

Looking for Ayurveda Kerala. Niramayam ayurveda hospital Kerala provides health consultation for all kinds of diseases. Rated as No1 Ayurveda Hospital Kerala. Ayurveda is a holistic treatment of the human body based on the unique proportions of Vata (air and ether), Pitta (fire) and Kapha (water and earth) of which a human body is made up of. These unique proportions are called doshas and the vitiation of any these doshas bring in disease to the individual human body. Ayurveda gives us a model to look at each individual as a unique makeup of the three doshas and to thereby design treatment protocols that specifically address a person's health challenges.

**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**



+91-9686496930



info@bookmyveda.com



www.bookmyveda.com



Niramayam Heritage Ayurveda

Panchakarma – 7N

Single – Euro 828.

Double – Euro 1361.

Panchakarma – 14N

Single – Euro 1657.

Double – Euro 2722.

Inclusions:

- 🌿 Accommodation.
- 🌿 Ayurvedic vegetarian food as per the Doctor's advice
- 🌿 Treatments as per the Doctor's advice (we provide 02 treatments per day)
- 🌿 Yoga & Meditation during the stay (morning & evening session)
- 🌿 Internal medicines during the stay
- 🌿 One time Doctor's consultation fees.

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